James Holman

I began my student athlete career a Scott County High School in Georgetown, KY. Although athletic teams were limited during those years, I was able to take advantage of competing on the Track team. My events included the High Jump, the 100, 220 dashes and anchor leg of the 880 relay. Running against the likes of Jim Green didn't give me many opportunities to win but it left me with many great memories. As I moved on to attend Morehead State University, I was asked to be on the track but my work ship did not permit the time to train or compete on that level.

I started my coaching career as an assistant a Butler High School in Louisville under my wife Rita Holman for two years in 1972. During the 73-74 school years I was hired as a teacher and coach at Eastern High School. My coaching duties included boys/girls basketball and the boys/girls track and cross country. I also served as official score keeper and clock operator for the boys basketball and football teams.

Track has been the most successful sport for me as and athlete and coach. The fond memories of winning six state championships and being named coach of the year on five occasions will last a lifetime. In 1998 I was honored by being named National Coach of the Year in Girls Track by the National Federation of Interscholastic Coaches Association in Kansas City. Other honors that I have been blessed to receive are being inducted into the Jefferson County Athletic Directors and Track and Cross Country Coaches Hall of Fame. I'm presently working as a high school guidance counselor at Jefferson County High School and serving as assistant track coach at Louisville Male High School.

James Holman

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1997 STATE CHAMPIONS

BOYS

DAVIESS COUNTY



GIRLS

EASTERN





UNION COUNTY



RUSSELL





HARRODSBURG



BISHOP BROSSART



